



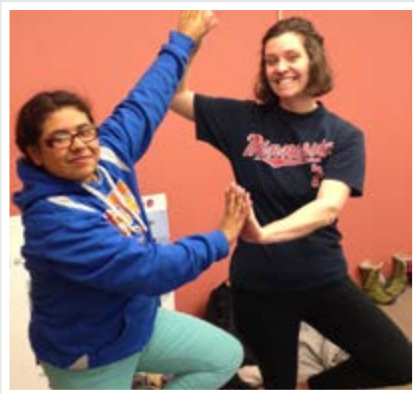
Get the bolder MVP treatment!

As a Bolder Options Mentor
You are **Appreciated**
Every Step of the Way.

Introducing the bolder MVP (MENTOR VALUE PERKS)

Sign up as a Bolder Options mentor, be matched with a youth, then after 6 successful weeks together, you'll earn your bolder MVP status! You'll get discounts and special offers that can help support your active lifestyle and will help provide opportunities for adventure for you and to your mentee!

It's just our way of saying "Thank You" for sharing your time, talent and treasure with a young person in need.



bolder MVP benefits include:



- **FREE YMCA membership** when accompanied by your Mentee
- **FREE Tickets to Sporting events** (when available)
- **Paid entry fees into Mentor/Mentee related race events**
- **Discounts and Gift Cards to events, restaurants, and shops** (when available)



Minneapolis | St. Paul | Rochester

Be **BOLD**. Be a mentor. Sign up at www.bolderoptions.org/or call a Volunteer Coordinator at 612.379.2653

We're in this together!



POWERPlay



bolder U



bolder Ventures



bonus Fun

As a Bolder Options Mentor You are **Supported** Every Step of the Way.

Meet with your mentee one time a week, for at least two hours (up to four hours) for one year. Bolder Options Mentor Programming helps you provide guidance and support to your mentee. Explore a world of opportunities, discover new ways of learning, and possibly get to know other mentor/mentee pairs through group activities.

Bolder Options Mentor Programming

We require all pairs to complete **(6) POWER Play events** (3 must be POWER Play Challenge Events), **(6) bolder U events** and as many bolder Ventures and bonus Fun events as your time together can handle.

● **POWER Play**

POWER Play Challenge: Community running and biking events – 2x/month

POWER Play Fitness: Other fitness related events (ie-yoga, martial arts, sledding, rock climbing, Zumba, and more!) – 2x/month

● **bolder U**

Chew on This!: Nutrition activities focused on learning about healthy eating – 1x/month

Dollars and \$ense: Financial activities focused on learning about money management – 1x/month

Cooking Night: A cooking activity focused on creating healthy and affordable meals – 1x/quarter

Back 2 School Event: An annual event in August focused on getting youth outfitted for school – 1x/year

Career Night: An annual event in which youth meet with professionals from various fields to learn more about potential careers – 1x/year

Graduation: An event to celebrate the year's end for mentors and youth – 1x/quarter

● **bolder Ventures**

Ticket Giveaways: Throughout the year, we offer free tickets to various events around town (ie-sporting events, museums, theaters, etc) for mentors and youth to enjoy together – occasionally

● **bonus Fun**

Drop-In Center: Most Thursday nights during the school year, Bolder Options is open to mentors and youth to drop in to work on homework, play games, cook, meet other pairs, and more – 1x/week

Open House: Once a year, we open our doors to the community and invite everyone to enjoy a meal and learn about Bolder Options – 1x/year

Pumpkin Carving: In October, we invite everyone to a pumpkin carving party to celebrate the season – 1x/year

Holiday Party: In December, we welcome you to a holiday event to celebrate the beginning of winter – 1x/year

Volunteer Events: Periodically, we host events focused on giving back to the community through service and volunteering – 2x/year